

NACCM Media Club:
*A conversation with
Amy Bloom*

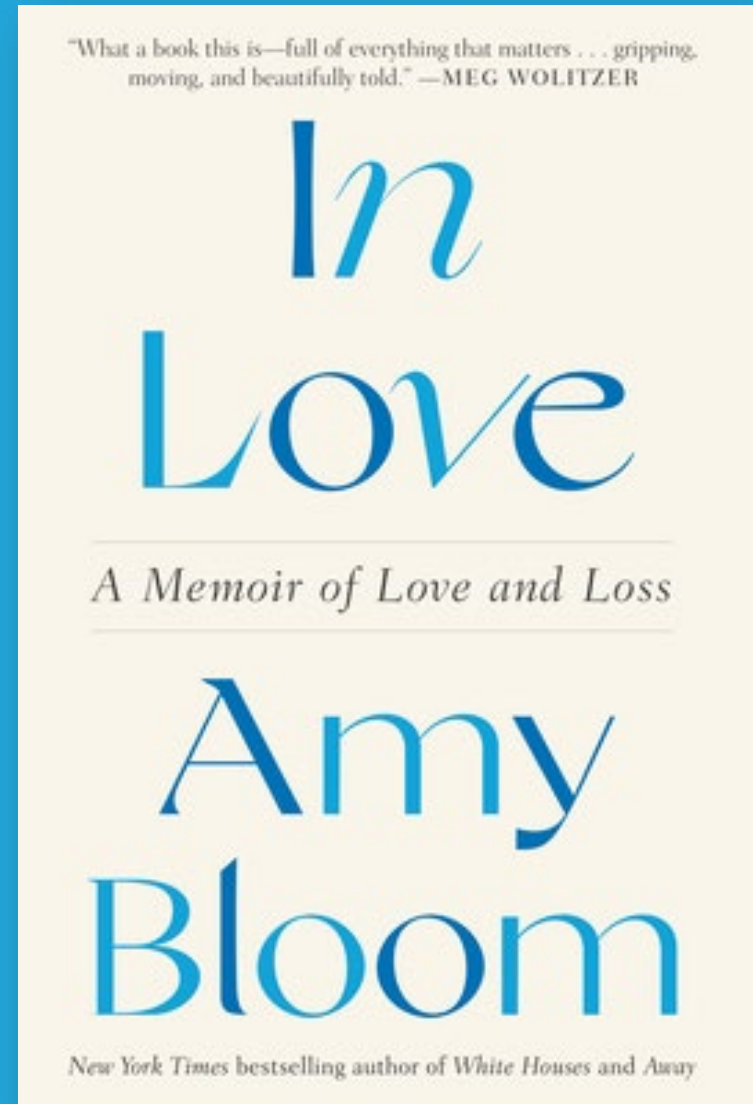
Featuring

Jessica Empeño and Lisa Kaufman

Moderated by Amy Abrams

June 13, 2023

Presented by the National Academy of
Certified Care Managers



Today's Agenda

- Introduction to the book
- Conversation with Amy Bloom
- Panel discussion with Jessica Empeño and Lisa Kaufman
- Questions and answers
- Group case study and discussion
- Post-test

"What a book this is—full of everything that matters . . . gripping, moving, and beautifully told." —MEG WOLITZER

In Love

A Memoir of Love and Loss

Amy Bloom

New York Times bestselling author of *White Houses* and *Amy*

About the book

About the book

- Amy Bloom's late husband Brian's diagnosis: Alzheimer's disease
- Traveled to Dignitas (Zurich, Switzerland) together
- Received and ingested a lethal prescription of sodium pentobarbital

About the book

- Medical aid in dying (MAID) is authorized in 11 states/jurisdictions in the U.S.
- Oregon was the first state to pass a Death with Dignity law
- Requires a prognosis of six (6) months or less

About the book

- Discernment: the ability to fully comprehend and understand the request and its consequences, at every step of the process
- Medical aid in dying is not assisted suicide or euthanasia
- Patients experiencing a major depressive episode are not eligible

About the author



Amy Bloom, MSW
Social worker, psychotherapist
and bestselling author

www.amybloom.com

About the panel



Jessica Empeño, MSW
National Director of Clinical
Engagement & Education
Compassion & Choices

www.compassionandchoices.org



Questions

Voluntary Stopping Eating and
Drinking (VSED)



Care and Choice at the End of Life

Questions

Ethical and Religious Directives
(ERDs) in religious health systems



Care and Choice at the End of Life

About the panel



Lisa Kaufman,
MS, CTRS, CMC, C-EOLD
Principal, SeniorCare Options

www.seniorcareopt.com



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Questions

Use of psychedelic medications
to treat emotional suffering
in dying people



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Questions

Advance care planning for
people living with dementia



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Questions & Answers



Case study and group discussion

- Family in a rural area with one accessible hospital, and no medical aid in dying laws
- Client with a recent diagnosis of early-stage dementia
- Reports a good quality of life, but fear about the future
- States during assessment that they want their care partner to “just shoot me” if they lose capacity
- Advance directives created fifteen years prior

Thank you.

amybloom.com

compassionandchoices.org

grossmonthealthcare.org

naccm.net

seniorcareopt.com



Grossmont
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